

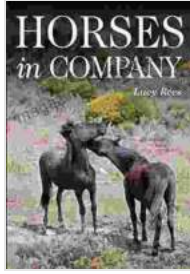
# Horses in Company: A Journey of Understanding and Transformation



In her captivating book, *Horses in Company*, Lucy Rees takes readers on a journey of discovery, exploring the profound bond between horses and humans. Through insightful storytelling and scientific research, Rees reveals the transformative power of horses to heal, inspire, and empower us.

**Horses in Company** by Lucy Rees

★★★★☆ 4.9 out of 5  
Language : English



File size : 100223 KB  
Text-to-Speech : Enabled  
Screen Reader : Supported  
Enhanced typesetting : Enabled  
Print length : 163 pages

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Horses have been a part of human history for thousands of years, and over time, we have come to rely on them for transportation, companionship, and even therapy. In *Horses In Company*, Rees delves into the science behind the human-horse connection, explaining how horses can help us to:

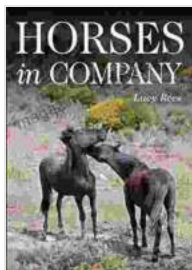
- Reduce stress and anxiety
- Improve our physical and mental health
- Build stronger relationships
- Find greater purpose and meaning in our lives

Rees also shares her own personal experiences with horses, recounting how they have helped her to overcome challenges and find her true calling. Her stories are inspiring and relatable, and they offer a glimpse into the transformative power of the human-horse bond.

Whether you are a lifelong horse lover or have never had the opportunity to interact with these amazing animals, *Horses in Company* is a must-read. Rees's insights into the human-horse connection are invaluable, and her stories are sure to touch your heart.

## Free Download your copy of *Horses in Company* today!

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