

Meister Eckhart: The Secrets of Christian Mysticism



Meister Eckhart's Book of Secrets: Meditations on Letting Go and Finding True Freedom by Jon M. Sweeney

★★★★☆ 4.7 out of 5

Language	: English
File size	: 2099 KB
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Screen Reader	: Supported
Enhanced typesetting	: Enabled
Word Wise	: Enabled
Print length	: 228 pages
Lending	: Enabled



Meister Eckhart was a 13th-century German mystic and theologian whose teachings on the nature of God, the soul, and the relationship between the two have had a profound influence on Western thought. Eckhart's writings are full of insights into the nature of reality and the human experience, and they offer a unique perspective on the Christian faith.

Eckhart's Teachings on God

Eckhart taught that God is the ultimate reality and the source of all things. He believed that God is beyond all human understanding and that we can only know God through experience. Eckhart's teachings on God are often characterized by a sense of awe and wonder, and he often spoke of the importance of silence and contemplation in our relationship with God.

Eckhart also taught that God is present in all things, and that we can find God in the beauty of nature, in the love of others, and in the depths of our own hearts. He believed that the goal of all spiritual practice is to experience the union with God, and that this union is possible through love and surrender.

Eckhart's Teachings on the Soul

Eckhart taught that the soul is a spark of the divine, and that it is immortal. He believed that the soul is the seat of our consciousness and our free will, and that it is through the soul that we can experience God. Eckhart's teachings on the soul are full of hope and encouragement, and he often spoke of the importance of living a life in accordance with our true nature.

Eckhart also taught that the soul is in a state of constant becoming, and that we are all on a journey to becoming more fully divine. He believed that the challenges and trials of life are opportunities for us to grow and evolve, and that we should embrace them with gratitude and trust.

Eckhart's Teachings on the Relationship between God and the Soul

Eckhart taught that the relationship between God and the soul is a dynamic and reciprocal one. He believed that God is constantly reaching out to us, and that we are always free to respond to God's love. Eckhart also taught that the soul is capable of experiencing a direct and intimate relationship with God, and that this relationship is the source of our deepest joy and fulfillment.

Eckhart's teachings on the relationship between God and the soul are a powerful reminder of our own divine potential. He invites us to open our hearts to God's love and to allow ourselves to be transformed by the divine

presence. Eckhart's teachings are a timeless source of wisdom and inspiration, and they continue to offer hope and guidance to seekers of truth and enlightenment today.

Meister Eckhart was a brilliant mystic and theologian whose teachings have had a profound impact on Western thought. His insights into the nature of God, the soul, and the relationship between the two are as relevant today as they were when he first spoke them over 700 years ago. Eckhart's teachings are a source of inspiration and guidance for seekers of truth and enlightenment, and they continue to offer hope and encouragement to all who are on a journey of spiritual growth.



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