

The Lesbian Guide To Making Baby: Your Complete Guide to Getting Pregnant and Raising a Family as a Lesbian Couple

Starting a family as a lesbian couple can be a daunting task. There are so many factors to consider, from fertility options to parenting tips. But with the right information and support, it is possible to achieve your dream of having a child.



The Lesbian Guide to Making a Baby by Judy Bartkowiak

★★★★☆ 4.1 out of 5

Language : English

File size : 284 KB

Text-to-Speech : Enabled

Screen Reader : Supported

Enhanced typesetting : Enabled

Word Wise : Enabled

Print length : 48 pages

Lending : Enabled



The Lesbian Guide To Making Baby is the ultimate resource for lesbian couples who want to start a family. This comprehensive guide covers everything from fertility options to parenting tips, and is packed with practical advice and support.

In this book, you will learn:

- The different fertility options available to lesbian couples

- How to choose the right fertility clinic
- What to expect during the fertility process
- How to cope with the emotional challenges of infertility
- How to raise a healthy and happy child as a lesbian couple

The Lesbian Guide To Making Baby is written by a team of experts who have helped hundreds of lesbian couples start families. This book is your essential guide to getting pregnant and raising a family as a lesbian couple.

Free Download your copy today!

The Lesbian Guide To Making Baby is available now at [Our Book Library.com](http://OurBookLibrary.com).

HOW LESBIANS MAKE BABIES



A straight-forward guide written by a lesbian mommy-to-be about **How Lesbians Make Babies**. Broken into 9 key steps to go from idea to a conception.

by Jillian Babbel Mendioro | OurToujours.com

1 CHOOSE WHOS EGG

If you and your spouse both have fertile eggs then you get to decide who's egg you'll use. Typically the easiest and least expensive is if the egg you choose and baby carrier is the same.

2 DECIDE GESTATIONAL MOM

If you are using an egg that belongs to the person who will carry the process is typically cheaper. If no fertility issues exist, if the egg and person who will carry the baby are different you will need to go through IVF - this is often referred to as Reciprocal IVF.

3 DECIDE HOW YOU'LL ACQUIRE SPERM

There are two basic categories of sperm donors: "directed/known" and "anonymous". Using a known donor means you'll acquire sperm from someone you know (which means you'll likely need to go through legal work). Anonymous sperm is purchased through sperm banks and you can choose a "closed" donor that will remain anonymous forever for an "open" donor which allows you the option to contact them when they turn 18.

4 DECIDE HOW YOU'LL INSEMINATE

This is dependent on your first decisions. If you are using a different egg than the person who is carrying baby you will have to go through IVF. If not then the most common is intracervical insemination (ICI), less common and less effective intravaginal insemination (IVI), less common and less effective intracervical (ICI).

5 CHOOSE SPERM

For Known Donors there is a lot more legally and medically (on the donor's side) that you'll need to manage personally. For Anonymous Donors different sperm banks have different way to shop for sperm. Most have an online database and you can get some information for free. Your sperm choice is forever - and ranks higher than buying a house.

6 GET SPERM & SET DELIVERY DATE

You'll need to work with your doctor to set an insemination date. Once it's set you'll want to order the sperm or schedule the final specimen drop off. When it arrives you'll want to triple check it the right sperm.

7 TAKE FERTILITY DRUGS/TREATMENT

Since you're going through all this effort to get pregnant, typically it will make sense to go through an type of fertility treatment or use a fertility coach. If going through IVF you will follow the IVF protocol. If doing IUI you will typically take RX fertility drugs.

8 GET INSEMINATED

Whether you are doing ICI, IUI or IVF - this is the moment where you baby is potentially (hopefully) yours. You get inseminated then you have to wait about 2 weeks to see if you are pregnant. The earliest you can detect is 5 days before the first day of your missed period.

9 MAKE BABY (GET PREGNANT)

If all goes according to plan you get that wonderful PREGNANT reading on the test and 9-10 month later deliver your beautiful baby! depending on your method of insemination, age and a bunch of other things you have a 10-20% chance of getting pregnant on your first try.

This is meant to be a helpful guide. It is not a substitute for professional medical advice. If you are having any questions, please contact your doctor. OurToujours.com



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